

“Releasing Your Burdens” Sermon Series Based on Psalm 23

“Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.” (Psalm 23:4)

How can you be relieved of the burden of the fear of the grave?

1. Accept the reality of death

“Just as people are destined to die once, and after that to face judgement...” (Hebrews 9:27 - NIV)

“...for death is the destiny of everyone; the living should take this to heart.” (Ecclesiastes 7:2b)

“Teach us how short our lives really are so that we may be wise.” (Psalm 90:12)

2) Believe in and cling to God’s promises that we don’t have to face death alone

... *“for you are with me” (Psalm 23:4)*

“My Father’s house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? 3 And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am.” (John 14:2-3)

“For I am sure that nothing can separate us from God’s love - not life or death ... nothing in all creation can separate us from God’s love for us in Christ Jesus our Lord!” (Romans 8:38-39)