



Part 4

Reimagining Your View of Pain

"We know that in all things God works for the good of those who love him, who have been called according to his purpose."
Romans 8:28

How to Let God Work for Good in My Painful Times

1. Don't become so focused on my pain that I _____ about the rest of my life.

2. I can use my pain to draw _____ to God and _____ God more.

"The Lord is close to the brokenhearted, and saves those who are crushed in spirit. The righteous person may have many troubles, but the Lord delivers him from them all" Psalm 34:18-19

"I think you ought to know, dear brothers, about the hard time we went through. We were crushed and overwhelmed...and saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, ...and God did help us and saved us and we expect Him to do it again." 2 Cor. 1:8-11

3. I can use my pain to draw _____ to, and be more _____ to others.

"By helping each other with your troubles, you truly obey the law of Christ" Galatians 6:2

"God comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us....For when God comforts us, it is so that we, in turn can be an encouragement to you. Then you can patiently endure the same things we suffered." 2 Cor. 1:4-6

4. I can use my pain grow _____ in my life and faith.

"Sometimes it takes a painful experience to make us change our ways" Prov. 20:30

"So we're not giving up. How could we! Even though on the outside it often looks like things are falling apart on us, on the inside, where God is making new life, not a day goes by without his unfolding grace." 2 Cor. 4:16-17 Msg.